

BBDT Lesson Schedule

Summer 2005

| Week | Date | Dance | Focus | Notes |
|------|----------|-----------------|----------------------|------------------------------------------------------------|
| 1 | 06/13/05 | Foxtrot, Samba | Choreography | History, relationship between steps, Use of space, variety |
| 2 | 06/20/05 | Quickstep, Jive | Choreography | |
| 3 | 06/27/05 | Foxtrot, Samba | Balance, Lead-Follow | Single Foot Weight |
| 4 | 07/04/05 | Quickstep, Jive | Balance, Lead-Follow | |
| 5 | 07/11/05 | Foxtrot, Samba | Core | Split Weight |
| 6 | 07/18/05 | Quickstep, Jive | Core | |
| 7 | 07/25/05 | Foxtrot, Samba | Rhythm, Dynamics | |
| 8 | 08/01/05 | Quickstep, Jive | Rhythm, Dynamics | |
| 9 | 08/08/05 | Foxtrot, Samba | Improv, Acting | |
| 10 | 08/15/05 | Quickstep, Jive | Improv, Acting | |

And here are the routines...

Choreography for **Foxtrot**: Feather Step, Reverse Turn, Three Step, Natural Turn, Closed Impetus with feather finish

Choreography for **Quickstep**: Reverse Chasse Turn, Progressive Chasse, Forward Lock, Natural Turn and Back Lock

Choreography for **Samba**: Forward Botofogos (3), Natural Movement $\frac{1}{4}$ turn R, Whisks (2), whisk with Lady Turning, Whisk with solo spot voltas, 4 Voltas L

Choreography for **Jive**: Basic, American Spin, L to R, R to L, Natural Whip, Throwaway, Double Rock