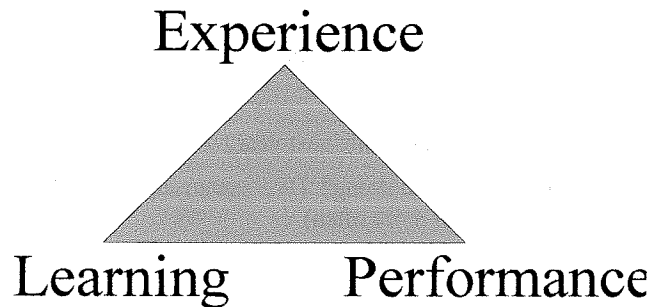


**Achieve your goals by balancing the PEL triangle.**

The PEL triangle is three parts: Performance, Experience, and Learning. To achieve your goals you need to balance these three things.



**Learning**

Learning of course is the base. If you don't take lessons then how will you know what you should work on. Taking private lessons is also very important. Each person is very unique in physical proportions, what muscles are strong, which ones are flexible, etc. Often we are all just lumped together in a group when what we really need is individual instruction.

Can you make it to all the team lessons?	YES NO
Which ones will you miss?	1 2 3 4 5 6 7 8 9 10
Do you take lessons outside of the team lessons in dance?	YES NO
How often?	
Do you take lessons outside of the team lessons in other related things?	YES NO
If so what?	
Do you take private lessons?	YES NO
How often?	

**Experience**

Experience is needed to make what you learned into reality. Everybody needs time for them to adjust their minds to reconfigure to learn to do different tasks. It is also experience and practice what you learned so that it becomes and looks more natural. This is the true secret of a good dancer – how often they practice – you never know how hard they worked to look so natural. The more often you practice the better you will be. But remember you need the lessons to go with it. 10 Years of practicing the same one year of knowledge is not 10 years of experience.

Are you going to make it to the team practices each week?	YES NO
Are you going to miss any?	1 2 3 4 5 6 7 8 9 10
How many?	
Do you practice other than team practices?	YES NO
Do you go out social dancing?	YES NO
How often?	